

Ten great reasons to use **myuhc.com**[®]



The tools and information at myuhc.com are both practical and personalized so you can get the most out of your benefits. Register at myuhc.com and connect to current information about your plan benefits and health care interests.

- 1. Compare costs for different health plans.** Choose a plan that's right for you and your family needs.
Select *Plan Cost Estimator* located under *Links and Tools*
- 2. Ask health care professionals.** Communicate one-on-one online 7 days a week with a registered nurse who can help answer your questions and give you advice.
Select *Live Nurse Chat* located on the *Home page*
- 3. Organize your medical claims online.** View processed claims, remaining balances for deductibles and out-of-pocket expenses via your Health Statements. Download claims to a spreadsheet, set-up automatic payments, direct deposits and more.
Select *Claims & Accounts*
- 4. Get information about hospitals and physicians.** Find information on network doctors and health care professionals. You can even find out what physicians are recognized in the UnitedHealth Premium[®] designation program, a free informational tool that evaluates physician and facilities using national quality and cost efficiency standards in their specialty.
Select *Physicians & Facilities*
- 5. Order and renew prescriptions online.*** See information about your pharmacy benefits, prescription history and drug coverage. Order prescriptions or check order status. Learn more about medications, including interactions and side effects. Price a Medication and find out whether there is a lower cost option. Locate a neighborhood pharmacy or even arrange home delivery of your order.
Select *Pharmacies & Prescriptions*
- 6. Learn more about your coverage.** Check your current eligibility, deductibles and out-of-pocket costs; confirm what's covered and what's not covered.
Select *Benefits & Coverage*
- 7. Organize and store all of your health data in one convenient, confidential place.** Record your family health history, allergies and immunizations, and personal contacts. Review medical and pharmacy claims information, as well as lab results. Track your progress with important Health Trackers such as blood pressure, cholesterol, and weight. Print or download a historical claims summary known as the Personal Health Summary.
Select *Personal Health Record*
- 8. Improve your health habits.** Participate in Health Coaching Programs that help set goals to achieve health objectives. Find out the best way to improve your health by taking the online Health Assessment.
Select *Health & Wellness* or click on the *Health Assessment* from the *Home page*
- 9. Learn about health conditions and treatment options.** Medical information from reliable resources recognized by physicians.
Select *Health & Wellness > Conditions AtoZ*
- 10. Request a medical ID card.** Print a temporary ID card or request a replacement card.
Select *Account Settings*

Register at myuhc.com today.

- 1 Click "Register Now"**
- 2 Enter the requested information**
- 3 Begin using the site**

myuhc.com At-a-Glance

All about benefits

- ▶ Check your claims status and history
- ▶ Review eligibility and benefit information
- ▶ Find a physician or hospital
- ▶ Print a temporary ID card or request a replacement medical ID card
- ▶ Review Flexible Spending Account information (if in coverage)
- ▶ Order and renew prescriptions (if in coverage)

Better information means better health

- ▶ Review hospital specialties and quality and cost information on hospitals in your area using the Hospital Comparison Program
- ▶ Compare the costs of different plan options using the Plan Cost Estimator
- ▶ Chat with a registered nurse in real time
- ▶ Learn about health conditions, symptoms and the latest treatment options
- ▶ Get a personalized Health Assessment that will help you set goals and change health habits

myuhc.com makes managing your personal health and benefits easy and convenient. Learn about health conditions, treatments and costs. Also see how myuhc.com can save you time and money by helping you manage your health care coverage and at the same time make more informed decisions about medical treatments and overall wellness.

It's all online and at your fingertips just by registering at myuhc.com.

It's easy to register:

- 1 Visit myuhc.com and click "Register Now"**
- 2 Enter the requested information**
- 3 Begin using the site**



Insurance coverage provided by or through United HealthCare Insurance Company or its affiliates. Administrative services provided by United HealthCare Insurance Company, United HealthCare Services, Inc. or their affiliates.

For a complete description of the UnitedHealth Premium® Designation program, including details on the methodology used, geographic availability, program limitations and medical specialties participating, please see myuhc.com®.

*You must have UnitedHealthcare pharmacy benefits to see pharmacy information on myuhc.com. Some plans do not include Home Delivery benefits.



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